

# Race Day Information:

Packet Pick Up and Race Day Registration Begins at 7:30am

5k begins at 8:30am

1 Mile Kids Crabby Fun Run begins at 9:00am

## Course Information:

Both flat road courses start at the Fire Dept on Mark Pine and end at the historical Buck Rowe's Store Museum. The one mile goes down Mark Pine Rd to Blake's View Rd, while the 5K goes to York View Rd.

## Awards:

Awards will be given to the top male and female 5K finishers and to the top finishing runners, Male and Female in the following age groups in the 5K:

14 and Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and Over

## Swag:

T-Shirts guaranteed to all runners registered by September 8<sup>th</sup>, 2019.

All others while supplies last. (Kids will receive T-Shirt, Swag Bag and Medal)

# RACE REGISTRATION

(Please Print Registration and Bring Signed Copy day of Race)

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ DOB \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Race Entered: 1 mile run \_\_\_\_\_ 5K race \_\_\_\_\_

## ENTRY FEES

Received in mail or online by September 8 : \$20.00

Race Day Registration: \$25.00

**T-shirts:** Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X\_Large \_\_\_\_\_

### Please read and sign this waiver:

I know that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running/walking in this event including but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting entry, I, for myself and for anyone entitled to act on my behalf, waive and release the Guinea Jubilee, Guinea Heritage Association, volunteers and staff, Gloucester County, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing entities to use any photographs, videos, or any other record of this event for any legitimate purpose.

### ALL ENTRANTS MUST SIGN THIS WAIVER

\_\_\_\_\_  
Signature (Parent or guardian if under 18 years old)

\_\_\_\_\_  
Date